



**Remote Patient Monitoring definitely improves the lives of senior patients and 100Plus is the company doing it right.**

— Dr. Mehmet Oz, Cardiac Surgeon, Author, and Host of The Dr. Oz Show



### Intended Use

The 100Plus Blood Glucose Monitor is intended to be used for the quantitative measurement of glucose (sugar) in fresh capillary whole blood samples drawn from the fingertips. The 100Plus Blood Glucose Monitor is intended to be used by a single person and should not be shared.

The 100Plus Blood Glucose Monitor is intended for self-testing outside the body (in vitro diagnostic use) at home. The 100Plus Blood Glucose Monitor should not be used for the diagnosis of or screening for diabetes or for neonatal use.

100Plus Blood Glucose Test Strips are for use with the 100Plus Blood Glucose Monitor to quantitatively measure glucose (sugar) in fresh capillary whole blood samples drawn from the fingertips.

### Important Safety Instructions

The 100Plus Blood Glucose Monitor and Lancing Device are for self-testing. Do not share them with anyone else, including family members.

The 100Plus Blood Glucose Monitor is set to mg/dL by default. If the meter display shows “mmol/L” during setting up or taking a test, please contact the 100Plus **Customer Support at +1 (844) 483-7587.**

After use, all parts of the kit are considered biohazardous and can potentially transmit infectious diseases, even after following the cleaning and disinfecting procedures.

Refer to your owner’s booklet for more important information and detailed instructions on how to use and clean your 100Plus Blood Glucose Monitor.

**100plus**

# Blood Glucose Monitor

Quick start guide



**We’re here to help**  
+1 (844) 483-7587  
support@100plus.com

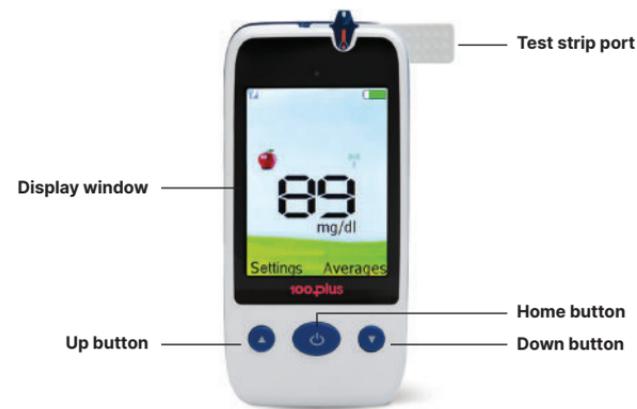
## Welcome to your doctor's Remote Patient Monitoring program

Congratulations, your doctor enrolled you in their Remote Patient Monitoring program. Your doctor has identified you as someone who will benefit from remote patient monitoring to help manage your chronic condition. This program comes at no cost to you and is meant to help you improve health outcomes.

As a part of the program, you've received the enclosed 100Plus Blood Glucose Monitor that will share critical health information with your doctor to help them understand more about your health and wellbeing between visits. Your blood glucose monitor automatically shares health data to your doctor without you having to take any extra steps. It works right out of the box — there's no setup required. As a part of the program, 100Plus will also send you test strips and lancets to use with your device at no cost to you, saving you at least \$100 per month in consumable supplies alone. Your doctor stays informed, can provide a higher level of care, and is enabled to make better decisions about your health.

To help you get started using your 1100Plus Blood Glucose Monitor, we shared some best practices and our customer support contact information — we're here to help.

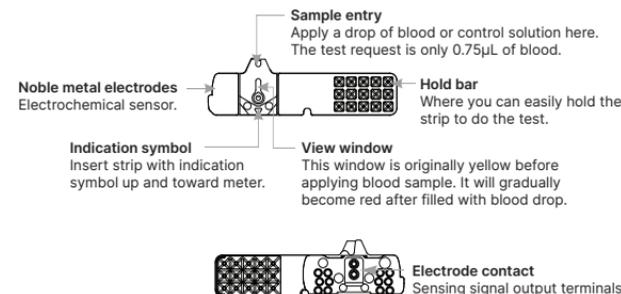
## Get to Know Your System



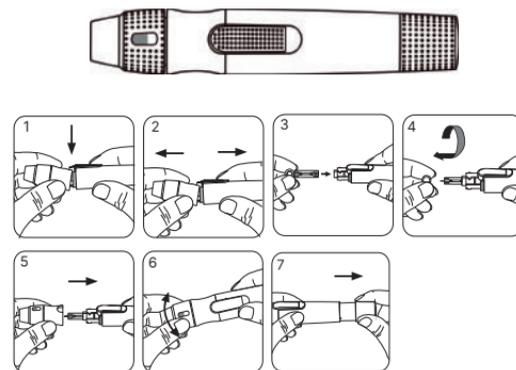
	Indicates a control solution test result
mg/dL	Unit of test result
89	Test result
	Battery fully charged
	Battery is low and must be recharged
	Indicate a meal marker. A full apple for "Before Meal" and an eaten apple for "After Meal"
	Indicates that the GSM is turned on
	Indicates when to apply a blood drop
	Indicates when to apply a control solution drop

See Owner's booklet for additional details.

## Test strip



## Lancing device



## Check Your Blood Glucose

- Using choose the if you are checking your BG (blood glucose) before a meal or choose the if you are checking your BG after a meal.
- Insert test strip, wait for the and the "Apply a Drop of Blood" message to appear.
- Get a drop of blood and apply it to the test strip.
- Wait for the meter to count down and display your test result.



## Contact 100Plus Customer Support

If you need help with your 100Plus Blood Glucose Monitor, please give us a call or send us an email. We may also send you emails periodically with reports from your doctor to help you manage your chronic condition with 100Plus.

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