...iScale®

Quick Start Guide

Setting up your iScale before your first reading



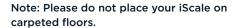
Read your owner's manual for all safety and use information.



Insert batteries into your iScale and wait for it to pair. While you are in the battery compartment, double-check that the unit measurement is set correctly to lbs or kgs.



Place your iScale on a flat surface near an exterior door or window.





Tap the scale with your foot to wake up the device and allow it to calibrate.



When you see 00, your iScale is ready to take your reading. Step on the scale to take your first reading.



Wait for the on-screen confirmation message "oH" or "oK".



You're done! Your results are automatically sent to your provider.



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